Patch Test
Appointments

Information for patients

Dermatology Department
Phone: 01625 663333

Macclesfield District
General Hospital
Introduction
Please report to the Outpatient Clinic reception desk at Macclesfield District General Hospital for your patch test appointment.

Contact dermatitis investigation requires detailed assessment before proceeding with the tests.

Patch testing is used to identify or exclude allergic reactions on the skin due to contact.

Three visits will be necessary.

The first visit
This visit will take place on a Monday morning and will last for up to 30 minutes. You will be seen by the specialist nurse, who will take an in-depth history of your problem. The information you provide will dictate what you will be tested with.

Please bring the following items:

- Items you feel you may be allergic to such as creams and ointments, cosmetics, perfume, rubber gloves, shoes, etc.

- The Health and Safety data for any chemical you bring from work. This may be obtained from the label on the original container or (if your company has one), the Occupational Health Department of your employer.

A series of patch tests will be put on your back

Second visit
This takes place on a Wednesday morning. The patches will be taken off and the specialist nurse will examine your back. More patches may be applied.

Third visit
This takes place on a Friday morning. The specialist nurse will examine your back and then discuss the results of the tests with you.

During the test please follow these instructions:

- Do not wash your back, even when the patches have been removed
- Wear an old top next to your back, so that it does not matter if it becomes stained
- Avoid any sports or exercise
• Avoid rubbing or scratching your back
• Do not expose your back to sunlight
• Secure any patches which have become loose with non-allergenic tape.

Please note the following

• You should not expose your back for sunbathing or use a sunbed for two weeks before your test

• If you have any further reactions on your back within three weeks of the tests being completed, or any queries about your test, please contact the nurse in charge; Sister Jan McIntyre on 01625 421000 and ask for bleep 3136.

Should you wish to change an appointment for any reason, please advise us on 01625 663333

There is a 24 hour freephone number for the hospital where you can leave a message on the answerphone on 0800 137962.

Please note that if you cancel your appointment and require re-booking, you should specify this at the time of cancellation.
For further information on the references and sources used for this leaflet, please contact 01625 661184.

Comments, compliments or complaints
We welcome any suggestions you have about the quality of our care and our services. Contact us: Freephone: 0800 1613997
Phone: 01625 661449
Textphone: 01625 663723 Customer Care, Reception, Macclesfield District General Hospital, Victoria Road, SK10 3BL
For large print, audio, Braille version or translation, contact Communications and Engagement on 0800 195 4194.

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