Welcome to Coronary Care Unit (CCU)

Medical Specialties

Information for patients, carers, relatives and visitors

01625 661016
Patient Information Leaflet

Introduction to CCU

CCU is a 4 bedded unit for acute cardiac patients
The nursing staff are supported by specialist doctors and nurses, physiotherapists, occupational therapists, dieticians and a variety of administrative and pastoral staff.

Who you will meet

- Senior Sister – Navy tunic with red trim
- Sister- Navy tunic with white trim
- Staff Nurses – Hospital blue tunics with white trim
- Physiotherapists – White polo shirt trimmed with blue
- Occupational therapists – White polo shirt trimmed with green
- Housekeeper – Lilac tunic
- Domestic staff – Grey tunic with ISS motif
- Cardiac Rehab Nurses – Black tunic with pink trim

How will we help you?

All members of staff work together as part of a multidisciplinary team to aid patient recovery.

Nurses are always happy to answer any questions you may have relating to patient care. We encourage family members to ring after 10am to enable nurses to review patients and administer drugs. Arrangements need to be made to speak to doctors as they are not always on the ward.

The ward has a quiet room that can be used by relatives who wish to speak to a member of staff in private.

Information for Visitors

Car Parking

A tariff is applied for parking at the hospital. Please check the signs and machines in the car park.

Hand washing

Help us to stop infection. Hand hygiene is essential when arriving and leaving the ward. There are hand-washing and hand gel stations on CCU corridor and in the bedrooms.
What should I bring in for the patient?

The hospital cannot be responsible for personal patient belongings. Please do not bring in items of value.

The following items are required during your stay:

- Tissue, hand-wipes
- Underwear
- Day clothes – loose fitting is preferable
- Shoes and slippers
- Nightwear and dressing gown
- Toiletries – soap, flannel, toothpaste and brush, shave cream, razor, shower gel, denture cleaner, comb and hairbrush
- Cash – £10 is usually adequate to purchase papers, magazines etc. Pension books, cheque cards etc. are not needed.
- Larger amounts of cash will be deposited with the cash office for safekeeping until discharge.

Refreshments

- There is a WRVS shop and café which opens daily, located on the ground floor near the entrance. Please check opening times.
- A trolley with limited supplies visits the ward most days.
- The WRVS facilities are run by volunteers so times can vary.

- The restaurant and coffee shop are located on the first floor serving a variety of hot and cold food and drinks throughout the day.
- There are vending machines on the ground floor corridor.

Bringing food into hospital

- Although we provide nutritionally well-balanced meals for all dietary needs, we appreciate that visitors may like to bring in snacks for patients and we ask that our guidelines are followed. This is to maintain high standards of food hygiene.

- Foods and drinks that require no cooking, heating in the microwave or refrigeration may be brought safely into the hospital providing they are properly prepared and packaged. There is limited space in the fridge for commercially prepared desserts e.g. yoghurts and fromage frais.

Please ask a member of staff if you have any questions.
Mobile phones

May be used on the ward by patients as long as they are on silent mode and do not disturb other patients.

Hairdresser

A hairdresser visits the hospital for both male and female patients from Monday to Friday. Please ask a staff member for prices or to book an appointment.

Visitor Toilets

Toilets on the ward are for patients only. Visitor toilets are located on the ground floor near the rear entrance. These include disabled and baby-changing facilities.

Flowers and Plants

Flowers and plants are no longer allowed on the wards due to Health and Safety reasons.

Protected Mealtimes

The aim of protected mealtimes is to provide a quiet, quality period to improve the mealtime experience for all patients. Patients should have the minimum interruptions enabling staff to assist and monitor their nutritional intake to aid patient recovery. Visitors (including medical staff) are discouraged from visiting at mealtimes unless they are assisting or encouraging a patient to eat.

Protected Mealtime: Lunch 12.00 - 13.00
              Tea       17.00 - 1800

Hot and cold drinks are offered to patients throughout the day.

Visiting Times

Visiting to the ward is from 2pm to 8pm. Please try not to visit outside these hours unless prior arrangement has been made with a member of staff. We ask that you try and keep the number of visitors to two at any time.

If you have any other queries regarding patient care, wellbeing or services available within the hospital or in the community, we have a range of information leaflets. Otherwise, please ask a member of staff and we will try our best to provide the information you need.
For further information on the references and sources used for this leaflet, please contact 01625 661184.

Comments, compliments or complaints
We welcome any suggestions you have about the quality of our care and our services. Contact us: Freephone: 0800 1613997
Phone: 01625 661449
Textphone: 01625 663723 Customer Care, Reception, Macclesfield District General Hospital, Victoria Road, SK10 3BL
For large print, audio, Braille version or translation, contact Communications and Engagement on 0800 195 4194.

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For advice on stopping smoking please contact our Stop Smoking Service on 0800 085 8818.

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